

Node ⊖

- i) $\beta \ominus$ [↓ Sympathetic actⁿ]
- ii) $Ca^{2+} \ominus$ [Verapamil] [Prolong Depolarization]
- iii) Adenosine (Acute)
- iv) Digoxin [Parasympathomimetic effect]

Myocardial Cell ⊖

- i) $Na^+ \ominus$
- ii) $K^+ \ominus$

* Arrhythmias & their Doc

1] Atrial fibrillation / flutter → Acute :- → TOC :- Cardioversion

→ Doc :- IV Sotalide (III antiarr.)

→ Long term :- a) Rate control (ventricular < 100) :- $\beta \ominus$ → stable patient :- Metoprolol
→ unstable patient :- Esmolol
b) Rhythm control (Atrial cells) → Amiodarone (III antiarr.)

→ ass. w/ WPW syn. :- IV Procainamide (Ia antiarr.)

2] Ventricular Tachycardia / Fibrillation → Idiopathic VT/vpc's :- $\beta \ominus$

→ VT/Vfib :- Amiodarone → Pulmonary fibrosis :- Prednisolone

→ MI or Digoxin Induced → Lidocaine (Ib antiarr.)

3] SVT / PSVT → Acute :- Fast IV Adenosine $\xrightarrow{\text{if COPD/Br. Asthma}}$ Verapamil ($Ca^{2+} \ominus$ Non DHP)

→ Long term :- first $\beta \ominus$ $\xrightarrow{\text{if I or NR}}$ $Ca^{2+} \ominus$ (Verapamil) $\xrightarrow{\text{NR}}$ Digoxin

4] WPW syndrome → Ass. w/ Atrial fibrillation :- IV Procainamide

→ * DOC oral Flecainide (Ic antiarr.)

→ * TOC is Radiofrequency Ablation of the aberrant pathway

5] Long QT syndrome → Acute (Torsades) → Congenital / Acquired :- $MgSO_4$

→ Long term → Congenital :- * DOC is $\beta \ominus$

* TOC is Pacing (Implantable Cardioverter Defibrillator i.e. ICD)

→ Acquired :- Avoid drugs ↑ QT interval

6] Catecholamine Induced Arrhythmia → Doc is $\beta \ominus$

Class of antiarrhythmic drugs	Mechanism of action	Effect on action potential duration
Class I		
Class IA		
Procainamide	Na ⁺ channel blockers with significant K ⁺ channel blocking property	Prolonged
Quinidine		
Disopyramide		
Class IB		
Lidocaine	Na ⁺ channel blockers with K ⁺ channel opening property	Shortened or no effect
Mexiletine		
Class IC		
Flecainide	Na ⁺ channel blockers with negligible K ⁺ channel blocking property	Variable or no effect
Propafenone		
Moricizine		
Class II		
Propranolol	β-blockers	-
Esmolol		
Class III		
Amiodarone, dronedarone		
Dofetilide		
Sotalol	K ⁺ channel blockers	Prolonged
Ibutilide		
Vernakalant		
Class IV		
Verapamil	Ca ²⁺ channel blockers	-
Diltiazem		
Miscellaneous		
Adenosine	Activates adenosine receptors	Shortened
Digoxin	Na ⁺ -K ⁺ ATPase inhibitor	Increases AV node refractoriness
Magnesium	Unknown	-